



## HEALTHY MUSICIAN COURSES

The emphasis is available in all instrumental, vocal, and conducting performance master's degree programs with distinguished applied faculty in winds, strings, percussion, piano, voice, and conducting.

### MUSIC AND MEDICINE (2)

An interdisciplinary course dealing with the mental, physical, and emotional aspects of music learning and performance. The course addresses the prevention of performance-related pain and injury and the effective management of performance anxiety.



### SCIENTIFIC LITERATURE

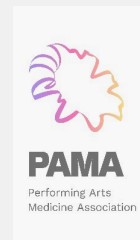
#### IN PERFORMING ARTS MEDICINE (3)

In-depth analysis of scientific literature on musicians' occupational health risks, healthcare, prevention, treatment, rehabilitation of pain, injury, and performance anxiety, and music and health in society.



#### PERFORMING ARTS MEDICINE PRACTICUM (3)

This course prepares the Master's graduate to meet the professional life of a healthy performing musician as a college-level teacher, independent teacher/performer, and doctoral performer-researcher. The student will teach hands-on in the Fit to Play: Mind-Body Integrative Music course, develop a multidisciplinary collaborative research proposal and assist in the USF-PAMC.



#### ADVANCED KEYBOARD SKILLS (2-4)

Advanced keyboard skills course incorporates the knowledge of hand biomechanics, neuro-biomechanics, and keyboard ergonomics in playing comprehensive piano techniques for the advanced pianist. The small class is individualized to improve efficiency and deep learning.





**School of Music**  
announces  
Master's in Performance  
expansion, focusing on  
Performing Arts Medicine

Dr. Sang-hie Lee, Ph.D., Ed.D., M.M.  
Professor of music will lead this program.  
Dr. Lee is an expert in healthy musician  
training, pianists' biomechanics, and  
neurophenomenological rehabilitation of  
focal dystonic musicians.

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Graduate Request Form: <https://bit.ly/47KI9Vw>

USF Performing Arts Medicine  
Collaborative  
<https://bit.ly/486XnTD>

